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***Does Retirement Induced through Social Security Pension Eligibility Influence Subjective Well-being? A Cross-Country Comparison***

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# *Outline*

- **Introduction**
- **Policy Variations and Prior Literature**
- **Measures of Financial and Subjective Well-being**
- **Analytic Approaches**
- **Results**
- **Conclusions and Implications**

# *Motivation*

- Increasing interest in assessing subjective well-being to monitor societal progress and evaluate policy
- Subjective well-being measures are found to vary by country and age
- Retirement is a key transition in old age that could explain these country and age differences
  - Significant policy variations exist, including official retirement ages
- Evidence is mixed about how retirement might affect subjective wellbeing

# *Why Important?*

- Individuals are increasingly encouraged to extend their working life
  - Yet the effect of such policies on individual subjective well-being is unknown
- If retirement adversely affects subjective well-being, which in turn adversely affects health, then
  - the fiscal savings created by delaying retirement might be offset by increased health expenditures caused by worse subjective well-being

# *This paper*

- We examine the effect of retirement on subjective well-being within 12 countries, using panel data from the U.S. Health and Retirement Study (HRS) and the Survey of Health, Ageing, and Retirement in Europe (SHARE).
- We exploit variations in eligibility ages for retirement pensions (due to country and cohort specific retirement ages) to account for potential reverse causation of poor subjective well-being on retirement
- Our models control for age, birth-cohorts, and other risk factors

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# *Policy Varies on Retirement Ages and Pensions*

- Most developed countries devote substantial resources to protecting the well-being of the elderly.
- **But policy variations exist, including differences in official retirement ages.**
  - **Full pension eligibility ages** are typically 65, but exceptions include age 60 for Austria (women only), France, Austria, Germany, and Italy.
  - Further variations in **early retirement ages**.
  - **Pension reforms** have occurred or are in progress, delaying pension eligibility ages (e.g., age 67 for USA).

## *Prior Literature :* *Retirement & Subjective Well-being*

- Some found **adverse** effect of retirement (Butterworth et al., 2006; Dave et al., 2008; Szinovacz & Davey, 2004)
- But others found **no** (Lee & Smith, 2009; Coe & Zamorro, 2011) or **even positive** effect (Drentea, 2002; Johnston & Lee, 2009; Mein et al., 2003)



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# *Measuring Subjective Well-being: Depression*

- **CES-D** (Radloff, 1977)
  - 8 “yes or no” questions about last month’s emotion
  - Total score ranges from 0 to 8
- **EURO-D** (Prince et al., 1999)
  - 12 “yes or no” questions about last month’s emotion
  - Total score ranges from 0 to 12

# *Measuring Subjective Well-being: Life Satisfaction*

- Single item, Satisfaction with life as a whole.
  - HRS 5-point scale
  - SHARE 11-point scale
  - Available only 2 waves (2008 and 2010 for HRS and 2006 and 2010 for SHARE)

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# Analytic Approach

$$SW_{ict} = \alpha_i + \alpha_1 SW_{ict-1} + \alpha_2 X_{ict} + \alpha_3 R_{ict} + \varepsilon_{ict}$$

where  $\alpha_i$  = individual unobserved heterogeneity random effect

$SW_{ict}$  = a measure of well-being for individual  $i$ , in country  $c$  at time  $t$

$X_{ict}$  = a set of explanatory variables (age, age<sup>2</sup>, married, female, married x female, education, ADL, disease (cancer, stroke, heart or lung disease), year, country, and cohort dummies

$R_{ict}$  = individual's retirement status, which is instrumented by

***Instrument<sub>ict</sub> = 1 (age<sub>it</sub> ≥ statutory retirement age<sub>ct</sub>)***

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# Effects of Retirement on Subjective Well-being in US

	<b>CESD</b>	<b>CESD</b>	<b>Depressed</b>	<b>Depressed</b>	<b>Life Sat.</b>	<b>Life Sat.</b>	<b>Life Sat.</b>	<b>Life Sat.</b>
	RE	IV-RE	RE	IV-RE	OLS	IV	RE	IV-RE
<b>Lag CESD</b>	0.377*** (0.004)	0.464*** (0.008)						
<b>Lag Depressed</b>			0.273*** (0.004)	0.343*** (0.007)				
<b>Lag Life Sat.</b>					0.470*** (0.012)	0.470*** (0.012)		
<b>Retired</b>	0.218*** (0.015)	-0.449 (0.325)	0.033*** (0.003)	-0.128* (0.065)	0.005 (0.021)	-0.022 (0.417)	-0.014 (0.016)	-0.712 (0.370)
<b>Unemployed</b>	0.568*** (0.057)	0.337** (0.125)	0.092*** (0.011)	0.037 (0.025)	-0.309*** (0.058)	-0.318* (0.152)	-0.296*** (0.043)	-0.370*** (0.101)
<b>Cohort Dummies</b>	Yes	Yes	Yes	Yes	No	No	Yes	Yes
<b>Year Dummies</b>	Yes	Yes	Yes	Yes	No	No	Yes	Yes
<b>Regional Dummies</b>	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>N</b>	63255	63255	63255	63255	5866	5866	14265	14265

Controls for age, age sq, female, married, married x female, college, high school, disability, health condition

# Effects of Retirement on Subjective Well-being in Europe

	Euro-D	Euro-D	Depressed	Depressed	Life Sat.	Life Sat.	Life Sat.	Life Sat.
	RE	IV-RE	RE	IV-RE	OLS	IV	RE	IV-RE
Lag Euro-D	0.294*** (0.007)	0.315*** (0.007)						
Lag Depressed			0.199*** (0.007)	0.214*** (0.007)				
Lag Life Sat.					0.380*** (0.010)	0.382*** (0.010)		
Retired	0.189*** (0.035)	-0.328 (0.259)	0.035*** (0.007)	-0.033 (0.054)	-0.051 (0.039)	0.228 (0.261)	-0.201*** (0.024)	-0.088 (0.187)
Unemployed	0.440*** (0.072)	0.191 (0.142)	0.059*** (0.015)	0.027 (0.030)	-0.593*** (0.079)	-0.463** (0.144)	-0.690*** (0.048)	-0.643*** (0.094)
Cohort Dummies	Yes	Yes	Yes	Yes	No	No	Yes	Yes
Year Dummies	Yes	Yes	Yes	Yes	No	No	Yes	Yes
Country Dummies	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
N	20440	20440	20440	20440	8222	8222	26508	26508

Controls for age, age sq, female, married, married x female, college, high school, disability, health condition



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# Conclusions

- This paper uses longitudinal data from the HRS in the U.S and SHARE in Europe to study the effect of retirement on subjective well-being
- We estimated dynamic random effects models instrumenting retirement with variables indicating whether the respondent is eligible for retirement pensions in his country at a given wave. By doing so, we take into account the potential endogeneity of retirement, to obtain causal effects

# Conclusions

- Retirement induced through eligibility to Social Security pensions does not have a negative effect on individual's well-being.
- Even though we find a significant negative correlation between retirement and subjective well-being, this relationship turns out not to be significant once we use our instrumental variables approach.

# *Future Work*

- As financial circumstances may also influence subjective well-being, the effects of retirement can be confounded by the reduction of income after retirement
- Income is possibly endogenous if used as a control in subjective wellbeing regressions
- To get a better understanding of the effect of retirement induced through Social Security pension eligibility on subjective and financial well-being of the elderly, we propose to estimate a simultaneous model, explicitly modeling the dynamics of retirement, income, and subjective well-being while still using our instrumental variables approach



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