

# Debt and Debt Management among Older Adults



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# Research Goals

- Evaluate factors associated with debt/debt management practices for those on verge of retirement.
- Evaluate if/why patterns changed over time.
- Empirical strategy:
  - Health and Retirement Study (HRS)  
3 cohorts of people (age 56-61) at three different time periods: 1992, 2002 and 2008.
  - National Financial Capability Study (NFCS)  
2009 and 2012

# Previous Literature

## SCF:

- Bucks/Kennickell/Mach/Moore (2009)
- EBRI: Debt of the Elderly and Near Elderly, 1992–2010.



## HRS:

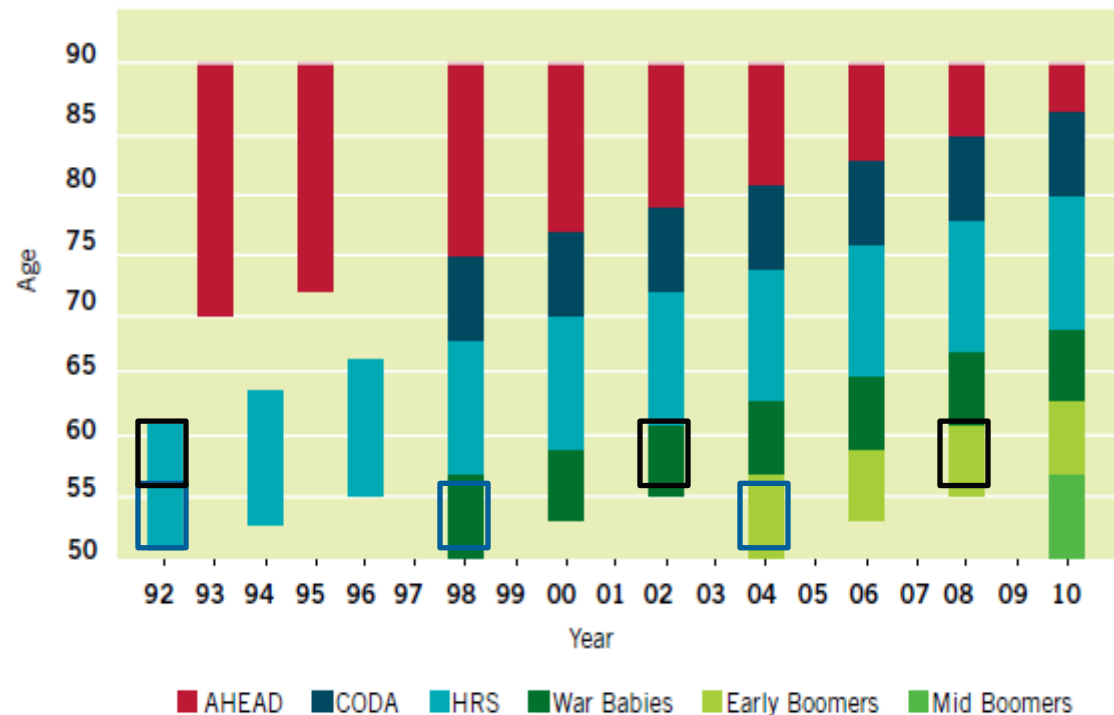
- Delavande/Rohwedder/Willis (2008) –cognitive function and preparation for retirement
- Lusardi/Mitchell (forthcoming), Journal of Economic Literature

→ *Our paper: What's happened to debt over time?*

# Health & Retirement Study

- 3 cohorts of 56-61 year olds: *Baseline HRS; War Babies; Early Boomers*.
- Different N's as 1992 HRS survey larger than subsequent groups.
- Results unweighted.

THE HRS LONGITUDINAL SAMPLE DESIGN



# Debt Patterns in HRS

	<i>% debt owners in sample</i>	<i>p50 (\$)</i>	<i>Mean (\$)</i>
<b>Total debt</b>			
HRS	63.8%	6,218	37,514
War Babies	67.6%	19,147	66,228
Baby Boomers	71.4%	28,259	87,835
<b>Value of all mortgages/land contracts (1y residence)</b>			
HRS	40.5%	0	26,196
War Babies	47.2%	0	52,766
Baby Boomers	47.8%	0	66,326
<b>Value of other home loans (1y residence)</b>			
HRS	10.0%	0	4,365
War Babies	12.0%	0	4,674
Baby Boomers	16.0%	0	7,924

# More on Rising Debt by Cohort

*% debt  
owners in  
total  
sample    p50    Mean*

## *Value of other debt*

HRS	36.9%	0	3,634
War Babies	37.0%	0	5,358
Baby Boomers	44.4%	0	8,364

# Financial Fragility in the HRS

## **Total debt/Total assets > 0.5**

HRS

9.6%

War Babies

16.0%

Baby Boomers

22.9%

## **All 1ry res. loans/1ry res value > 0.5**

HRS

17.0%

War Babies

26.4%

Baby Boomers

29.3%

## **Other debt/Liquid assets >0.5**

HRS

17.5%

War Babies

21.4%

Baby Boomers

28.8%

## **Respondents with < \$25,000 in savings**

HRS

18.0%

War Babies

16.4%

Baby Boomers

24.3%

# Multivariate Regression Analysis of Financial Fragility

We study four outcomes:

- Total debt/asset ratio  $> 0.5$ ,
- Ratio of 1ry residence loans to value  $> 0.5$ ;
- Other debt/liquid asset ratio  $> 0.5$ ;and
- Total net worth  $< \$25,000$ .



# Findings

1. Early Boomers *significantly more* financially fragile and War Babies too, than reference group (1992 cohort).
2. Magnitudes of cohort differences conform to tabulations.
3. Directional conclusions confirmed after controlling on socio-demographic factors (age, marital status, sex, number of children, race, education, household income, and whether in poor health).

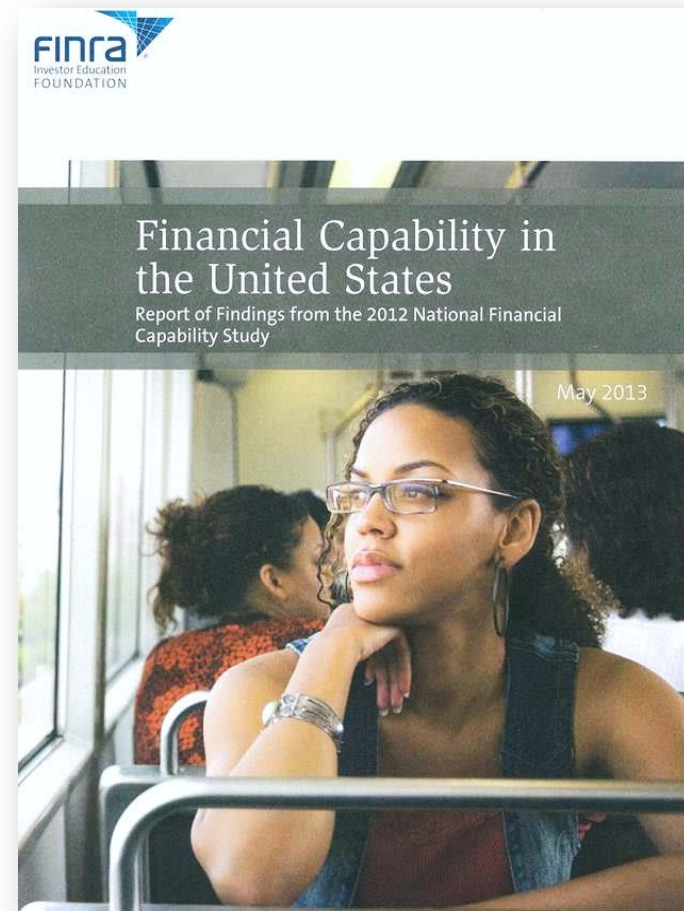
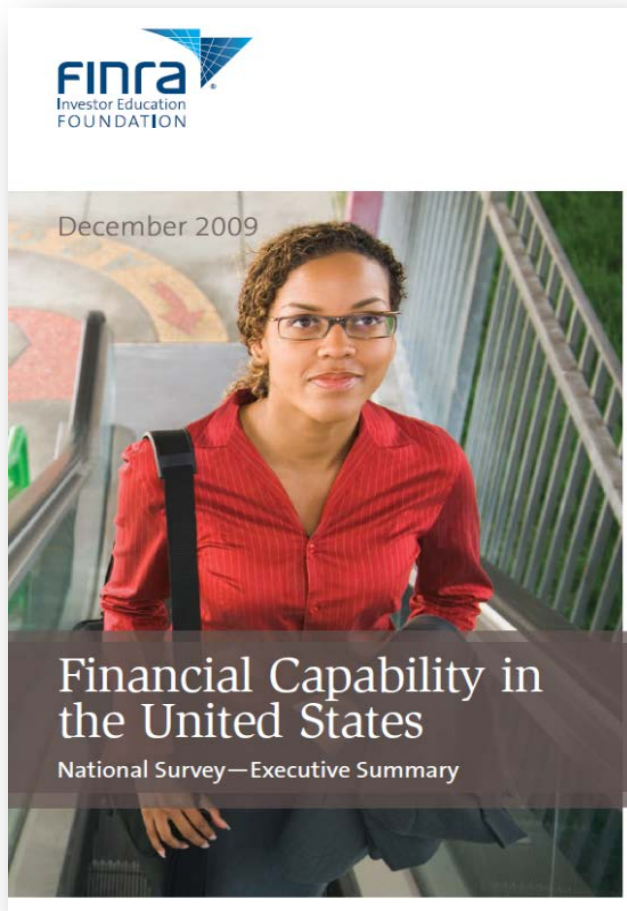
# More findings

Factors associated with LESS financial fragility: being married, White, better educated, and higher income.

Factors significantly associated with MORE fragility: having had more children and being in poor health.

# National Financial Capability Study (NFCFS)

## The 2009 and 2012 NFCFS



# 2009 NFCS

The 2009 wave aligns with 2008 HRS respondents 56-61 to show similarities.

- Over  $\frac{1}{2}$  of homeowners approaching retirement with mortgages.
- Downpayments ↓ over time: recent home buyers put down only 5-10%.
- Many older respondents pay only minimums on credit cards.
- Many use high-cost methods of borrowing, such as payday loans, pawn shops, etc.

# Evidence from the 2012 NFCS

- Near-retirement respondents a few years after housing market/financial collapse.
- Again focus on respondents age 56-61.
- Many older respondents have high mortgage debt and other debt.

# Level and Composition of Self-Reported Household Debt and Debt Concerns

	Age 56-61
Underwater with home value*	17.0%
Credit card fees, at least one type*	31.4%
Loan on retirement accounts*	7.0%
Hardship withdrawal from retirement accounts*	5.7%
Unpaid medical bills	23.4%
High-cost borrowing	21.2%
Too much debt	39.9%
Cannot come up with \$2,000	35.5%
N	2,983

**Note:** The sample includes all age-eligible individuals age 56-61 in the 2012 NCFHS. Statistics related to hardship withdrawal and loan and retirement account are conditional to owning a retirement account. Statistics weighted using sample weights.

\* Values conditional on holding the asset or debt.

# Multivariate regression analysis

## Dependent variables:

- “I have too much debt right now” (1=strongly disagree, 7=strongly agree). Proxies for problems with debt (instead of HRS ratios)
- Indicator = 1 if could not (probably/certainly) come up with \$2,000 in an emergency within a month.

## Controls:

- Socio-demographic controls + whether respondents experienced large/unexpected income drop previous year + financial literacy.
- All age-eligible individuals age 56-61 in the 2012 NCFHS; use sample weights.

# Multivariate Regression Model of Self-assessed Debt

(N= 2,940).

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How strongly do you agree or disagree with the following statement? 'I have too much debt right now.'

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	(1)	(2)
Age	-0.080*** (0.026)	-0.079*** (0.026)
Number of dependent Children	0.236*** (0.056)	0.233*** (0.056)
Ed. High School	-0.120 (0.221)	-0.071 (0.221)
Ed. Some College	-0.117 (0.222)	-0.036 (0.223)
Ed. College or More	-0.237 (0.229)	-0.128 (0.233)
Income \$50k-\$75k	-0.418** (0.193)	-0.365* (0.195)
Income \$75k-\$100k	-0.760*** (0.221)	-0.691*** (0.224)
Income \$100k-\$150k	-0.820*** (0.224)	-0.751*** (0.227)
Income >\$150k	-1.359*** (0.232)	-1.280*** (0.236)
Income Shock	0.750*** (0.107)	0.750*** (0.107)
Fin. Lit. Index		-0.080** (0.038)
Constant	8.986*** (1.572)	9.006*** (1.571)
R-squared	0.085	0.086

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# Multivariate Regression Model of Financial Fragility: Dep: R certainly/probably cannot come up with \$2K in next month

	Marginals (se)	Marginals (se)
White	-0.090*** (0.021)	-0.077*** (0.021)
Male	-0.041** (0.018)	-0.021 (0.018)
# Dep. Children	0.021* (0.012)	0.021* (0.012)
Some College	-0.109*** (0.040)	-0.078* (0.040)
College or More	-0.160*** (0.041)	-0.117*** (0.042)
Income \$50k-\$75k	-0.360*** (0.032)	-0.337*** (0.033)
Income \$75k-\$100k	-0.459*** (0.037)	-0.430*** (0.038)
Income \$100k-\$150k	-0.573*** (0.042)	-0.543*** (0.042)
Income >\$150k	-0.594*** (0.053)	-0.561*** (0.053)
Income Shock	0.127*** (0.018)	0.128*** (0.018)
FinLit Index		-0.031*** (0.007)

# Implications and policy relevance

- Recent cohorts: more debt, face more financial insecurity
- Why?
  - Bought more expensive homes with smaller down payments.
  - Use alternative financial services (payday loans, etc.) ; carried credit card debt; borrowed on retirement accounts
- Less debt exposure: higher income, more education, and greater financial literacy
- More financial fragility: more children, poor health, and unexpected large income declines.
- Shocks do play a role in debt accumulation near to retirement. But people also need the capacity to manage those resources

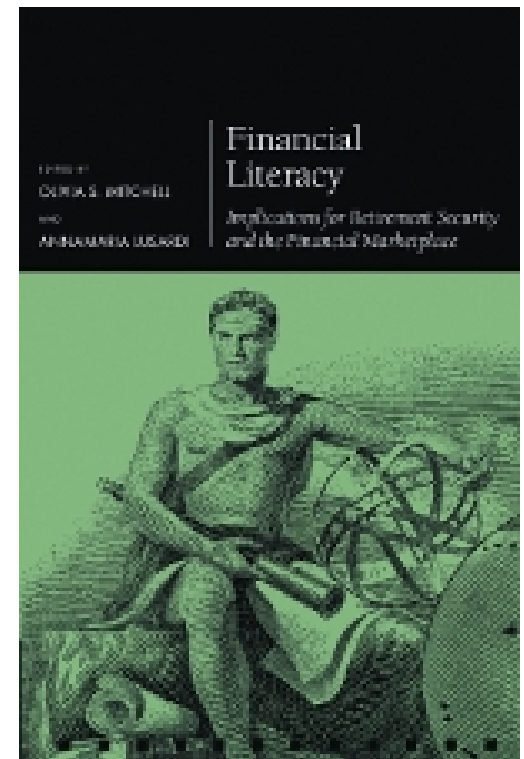
# Implications for research on debt

- Theoretical models focus on savings/portfolio choice but do NOT devote much attention to debt.
- Analysts/policymakers: incorporate *debt and debt management* into factors driving retirement security.

# Thank you!

## Financial Literacy: Implications for Retirement Security and the Financial Marketplace

*Olivia S. Mitchell and Annamaria Lusardi,*  
Eds. Oxford University Press.



<http://www.pensionresearchcouncil.org/publications/0-19-969681-9.php>